## FOREWORD

It is a joy for me to write this foreword for my dear friend, Marian Head. When I first met her and her husband, Glenn, in 1985, I immediately recognized their authenticity, integrity, and conscious living. As a prototypical cocreative couple, Marian and Glenn truly "walk their talk."

I later learned that behind their exemplary behavior was their conscious use of a set of agreements they had developed with a group of friends and colleagues. It is a blessing for humanity that they have generously shared these agreements with the world throughout the past three decades—and that they continue to do so.

Within the pages of this book are a rare combination of wisdom and practical guidance. For those who desire greater peace in their own lives and in the world, *Revolutionary Agreements* will be one of your most treasured guidebooks. Marian's personal stories bring to life the immense value of practicing these Agreements. "Focus on Today" exercises help you look within and discover your best self right now, today.

My calling has always been to provide the new story of humanity—a vision of our potential for good—and effective processes that lead to a positive future for all. For as long as I've known her, Marian's calling has been to demonstrate living a positive life *today*. She has remarked to me more than once, "How can we have a positive future without a positive today?"

In *Revolutionary Agreements*, Marian lays a path for a positive today *and* a positive future. This book will benefit you whether

you are a leader on the front lines of cocreating a better world or you are someone focused on having the best day you can given the complexities of your life.

Although they may appear simple at first glance, the Revolutionary Agreements hold the keys to transformation. Practicing the Agreements gently moves us from Ego to Essence. This evolves us into the deeply loving people we were designed to be by the Impulse of Creation.

In my work, I have discovered that a new kind of person is emerging at this time. I call this person "Homo universalis" or Universal Human. The Revolutionary Agreements support budding Universal Humans to achieve their full potential and contribute to birthing a new society, shifting the tide toward a positive outcome during these transformational times.

I encourage you to read and reread this book, do the practical exercises that will enhance your experience of a joyful life, and invite your friends and communities to practice the Agreements with you. You, and those with whom you share the Agreements, have the power to directly affect a positive planetary shift as you exemplify the transition to a new, more loving and peace-filled world.

## Barbara Marx Hubbard

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